

Healthy Lifestyles working Group

29th January 2020



Who was at the meeting

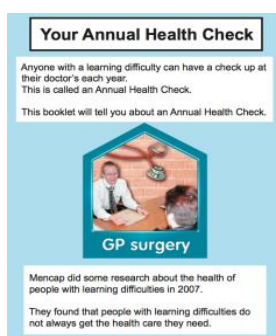
Sue Garrett, Marie O'Sullivan, Kerry Gibson, Pam Groove, Danielle Booth, Evan White, Lisa Loy, Karen Slack, Helen Bromley, Dani Jenkinson and John Mellors

Apologies

David Sheardown and David Bean

What is this group

Because we had some new members to the group, we explained about the different things we are involved with.



- To help people know about and understand the importance of Annual Health Checks for people with learning disabilities.
- Support with training of health professionals.
- Develop the Talking Books work.
- Be a point of contact for easy read information on Health.
- Support the Mencap Treat me well campaign.



Minutes from the last meeting

We read through the minutes and agreed they were correct



Actions

Marie and Kerry did meet with Sue to talk about working together, we decided we also need to involve the CCGs. Sue is trying to arrange a meeting with Kath Kay at south West CCG. **Action**

Marie contacted Richard Eccles re the Health Checks feedback and asked if he could give us more information.



Mencap Treat Me Well

There will be a regional event on the 31st March in Birmingham.

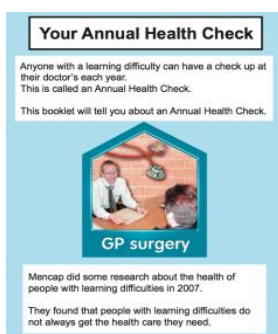
Marie and Amy (Expert by Experience) will be going. We showed everyone the information.



Annual Health Check Session

Lorraine and Susan told everyone about the session they did on Annual Health Checks at Trent Valley Surgery in Saxilby. This went well they told everyone about the Talking Books and have given them Marie's number to discuss doing a session there.





Public Health

Lisa Loy from public health came to talk about a project they are doing to improve health services for people with learning disability.

They want to make sure that:

More people are on the Disability Register. This means you get extra support when you visit the doctors.

More people go for an Annual Health check

Lisa will keep in contact with our group and keep us informed of this work.

Actions

Sue Kerry and Marie to meet with Kath Kay about working together.

Dates for meeting

Wednesday 25th March

Wednesday 27th May

Wednesday 22nd July

Wednesday 30 September

Wednesday 25th November

All meeting at Voiceability offices
from 10.30-12.30