

Healthy Lifestyles Working Group

25th July 2019



Who was at the Meeting

David Sheardown, Rebecca Eccles, Vincent Gibson, Marie O'Sullivan, Lorraine Abbott, Sue Garratt, Helen Bromley and Kerry Gibson

Apologies

David Bean



Minutes from the last meeting

Minutes agreed.



Lincolnshire
Talking Books

Actions

Kerry still needs to contact Christine Schofield at Springwells Surgery Billingborough. Sue will send on Christine's contact details. **Action**



Request an item on the Local Medical Committee. This needs to be done Rebecca has given contact details for us to do this **Action**

Updates

David and Lorraine told us about going to the Learning Disability and Autism awards at the end of June. They did not win but it was great to be nominated. They have given feedback on the interview and the celebration. They felt both were not accessible for people with learning disabilities.





Justin Hackney who went with the self advocates to the awards did say he would arrange a celebration for Lincolnshire. Kerry and David will contact Justin to follow this up. **Action**



David and Sue also mentioned the LPFT Awards, the Experts by Experience were nominated for all the work they do raising awareness of the health needs of people with learning disabilities. Well done 😊



Mencap Treat Me Well Campaign

Sue told everyone about the care bundle that the United Lincolnshire Hospitals Trust has developed as part of the Treat Me Well Campaign. This is an information pack that every ward will have and includes what needs to be considered when treating a person with learning disability.

Sue will send info to Marie **Action**



Action Plan

Marie showed the group a draft of the action plan up to June 2020.

Everyone had a look and gave ideas. Marie to make changes and send out with the minutes. **Action**



Physical Health days

Sue told us about some training days for Learning Disability Care Providers and GP practice staff, taking place in September on:

3rd in Lincoln

10th in Louth

17th in Boston

Sue will send Marie a poster to send out through the contact list.

Action

Actions from this meeting

Kerry to contact Springwells Surgery.

Marie to contact the Local Medical committee, complete action plan and send out information on physical days.

Kerry and David talk to Justin Hackney re celebration.

Sue to send information to Marie on the care bundle from the hospitals.

Vincent to bring information on the Thrive Tribe and the Integrated Lifestyles Service to the next meeting.

Next Meeting

Wednesday 6th November

10.30 -12.30 at VoiceAbility Offices

